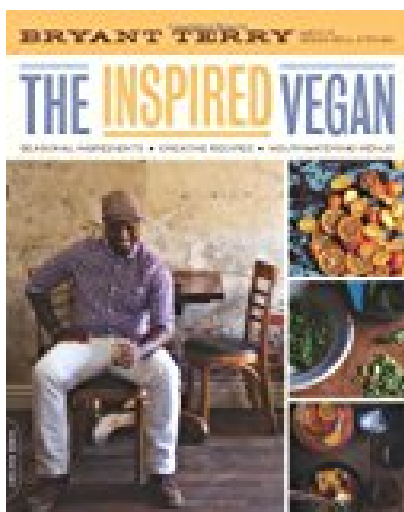


# The Inspired Vegan Seasonal Ingredients Creative Recipes Mouthwatering Menus

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## BOOK DETAILS

- Author : Bryant Terry
- Pages : 240 Pages
- Publisher : Da Capo Lifelong Books
- Language : English
- ISBN : 0738213756



## BOOK SYNOPSIS

The author of "Vegan Soul Kitchen" shares his favorite staple ingredients and the delicious ways to cook them--from simple to complex

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