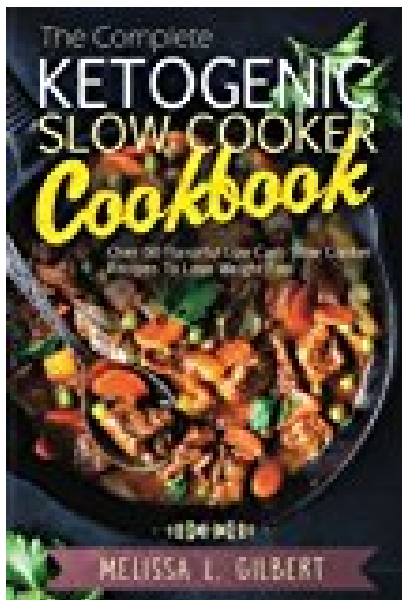


Ketogenic Diet The Complete Ketogenic Slow Cooker Cookbook Over 60 Flavorful Low Carb Slow Cooker Recipes To Lose Weight Fast Keto Paleo Low Carb Slow Cooker Crock Pot High Protein



BOOK DETAILS

- Author : Melissa L. Gilbert
- Pages : 148 Pages
- Publisher : CreateSpace Independent Publishing Platform
- Language : English
- ISBN : 1539845532

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BOOK SYNOPSIS

Get Amazing Ideas of Ketogenic Diet Slow Cooking Meals RIGHT NOW! If you want to get delicious, Healthy and easy Ketogenic Diet recipes for your Slow Cooker than this book is for you. Here Is A Preview Of What Youll Learn Inside...

INTRODUCTION A QUICK OVERVIEW OF THE KETOGENIC DIET THE CURRENT CRAZE FOR KETOGENIC DIET. SIX BENEFITS OF EATING KETO. COOKING KETOGENIC DISHES. BENEFITS OF SLOW COOKING. KNOW YOUR SLOW COOKER Much, much more! This book is designed with a variety of dishes. They are divided into 4 parts: the breakfast, lunch, dinner, and snacks. These are some of the most delicious mouth watering dishes that you can cook in a slow-cooker and enjoy the ketogenic diet at its best.. Youll Learn How To Make These Delicious Recipes: Cheesy Artichoke Frittata with Roasted Pepper. Utterly Butterly Spinach Frittata. Bliss Of Spinach With Healthy Vegetables (Stew). Creamy & Spicy Delicious Chicken. Simplest Ever Vegetable & Chicken Curry. Delightful Dinner with Chicken & Mushroom Chowder. Button Mushroom Chowder - For Vegetarians. Marvellous Chilli Paneer (Vegetarian side dish). Much, much more! For a full list of what you can see inside, scroll up and click on the look inside feature and check out the Table of Contents! Take Action Right Now to Grab your copy today!

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