

Cest Bon Recipes Inspired by La Grand Epicerie de Paris



BOOK DETAILS

- Author : Trish Deseine
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BOOK SYNOPSIS

Best-selling food writer Trish Deseine demonstrates how a few well-chosen, high-quality ingredients can create simple yet sublime dishes. Trish Deseine is renowned for her unpretentious approach to food, creating delicious and easy-to-prepare recipes that are always inspired and refined. Here, Trish presents more than eighty original recipes that incorporate simple, quality ingredients, often in novel combinations: from cucumber, apple, wasabi gazpacho or caramelized maple-buttered risotto with spicy grilled pecans to Matcha green tea panna cotta with dark chocolate sauce. Inspired by the fine ingredients at La Grande Epicerie de Paris—the famous gourmet food shop in the upscale Bon Marché department store—she shares her twist on both traditional French classics and dishes with a distinctly British flavor: from smoked magret of duck to pear tarte tatin, and from Welsh rarebit to Guinness cake. Ever mindful of the home chef's tight schedule, the recipes—divided into appetizers, soups, and salads; main and side dishes; and desserts—are quick and easy to prepare. Each recipe is accompanied by tips and a suggested drink pairing. Modern yet informal, these recipes show how simple cuisine using exceptional products can yield delectable results to delight gourmets everywhere."

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